Rafiki
wa Binti

Friend for a girl

Education is the key to a brighter future

Elimu ni ufunguo wa maisha

Rafiki wa Binti

Rafiki
wa Binti
Friend for a girl
x6
PAIRS
Rafiki
wa Binti

Rafiki wa Binti, means ‘a friend for a girl’ in Swahili and embodies the spirit of our project, which supports young girls through their journey to womanhood.

Education is the key to a brighter future, and many Tanzanian girls are unable to attend school during their menstrual cycle because they cannot afford period products. This is often exacerbated by a lack of understanding about their periods, hygiene, and healthy habits.

Rafiki wa Binti provides a pack containing six pairs of reusable period underwear, cleaning instructions, an educational book, and a wet bag. The materials are combined in a carry bag, which is made by a special women’s group in Tanzania.

The menstrual underwear is high-quality for a heavy blood flow, which means most girls can go for many hours in one pair of underwear without the stress of changing products where there are not adequate facilities. The underwear is also friendly for young girls who have just started their period and, along with good education, will set them on the right path to have a happy and healthy relationship with their menstrual cycle.

The packs are delivered, free of charge to the recipients, through schools by an education officer, who provides information and support.

Rafiki wa Binti is a part of Rafiki Australia Tanzania, which is a 100% volunteer group from Perth, Australia. Rafiki has been supporting Tanzania in the areas of health and education for more than 20 years. Projects include the highly successful plastic and reconstructive surgery training, equipment donations, drilling of water wells, school infrastructure development, professional development for teachers and scholarships for underprivileged children.

FRIEND OF Binti

$2,500

x50 Tanzanian girls
period education & Binti packs.

You'll receive a special lapel pin & be recognised on our website as sponsor.

To donate visit
rafiki.org.au/wabinti
or scan here...

ALL DONATIONS ARE TAX DEDUCTIBLE

Yellow SPONSOR

$1,000

x20 Tanzanian girls
period education
& Binti Packs

Green SPONSOR

$500

x10 Tanzanian girls
period education
& Binti Packs

Blue SPONSOR

$250

x5 Tanzanian girls
period education
& Binti Packs

Black SPONSOR

$100

x2 Tanzanian girls
period education
& Binti Packs

Binti PACK

$50

x1 Tanzanian girl
period education
& Binti Pack

Rafiki
Australia Tanzania

Contact us for more information or *see how you can help...*

admin@rafiki.org.au | www.rafiki.org.au/wabinti |

Rafiki is a registered NGO under the banner of Australia Tanzania Society in Australia, and Rafiki Australia Tanzania in Tanzania. **Rafiki is a 100% volunteer-run organisation.**